



RICHMOND GYMNASTICS ASSOCIATION

Communicable Disease Plan

Please note: this document is subject to change following provincial and federal health and safety requirements.

This Communicable Disease Plan for Richmond Gymnastics Association has been approved by the Association's Board of Directors on July 10, 2021.

For the purposes of this document, the association's name 'Richmond Gymnastics Association' and its acronym 'RGA' has been used interchangeably.



Richmond Gymnastics Association's Communicable Disease Plan

A communicable disease is an illness caused by an infectious agent or its toxic product that can be transmitted in a workplace from person to person. Examples of communicable diseases that may circulate in a workplace include COVID-19, norovirus, and seasonal influenza.

Communicable disease prevention focuses on basic risk reduction principles to reduce the risk of workplace transmission of COVID-19 and other communicable diseases. The fundamental components of communicable disease prevention include both ongoing measures to maintain at all times and additional measures to be implemented as advised by Public Health.

Richmond Gymnastics Association is committed to creating a safe working environment for all staff and participants that reduces the risk of transmitting communicable diseases by completing the following:

1. **Hygiene:** RGA will promote **hygiene** by providing hand hygiene facilities in the following manner:
 - a. Provide supplies to ensure that **hand hygiene** is implemented and followed
 - b. Implement hand sanitizing and / hand washing protocols for all staff, members and participants when accessing the facility,
 - c. Ensure proper signage to prevent spread of communicable disease and serve as reminders for
 - regular hand sanitizing /washing especially for participants when using the gym for longer periods of time
 - cover coughs and sneezes
2. **Environment:** RGA will maintain a **clean environment** through routine cleaning processes:
 - a. Will disinfect the main access areas such as entrance, exit, gym lobby, and other high touch-point areas regularly during training when classes are in session
 - b. Will use cleaning products that have been approved by Health Canada to for purposes of disinfecting for Sars-Cov-2
 - c. Coaches and staff will disinfect high-use equipment items once classes end
 - d. The above is in addition to the regularly scheduled cleaning
 - e. RGA will ensure **building ventilation** is properly maintained and functioning, as designed, in consultation and advice from the City of Richmond
3. **Staff:**
 - a. RGA will support **staff** who may be sick with a communicable disease to avoid working while sick (for example, fever and/or chills, recent onset of coughing, diarrhea)
 - b. To a reasonable extent, RGA will support **staff** in receiving vaccinations for vaccine-preventable conditions
4. RGA is **prepared to implement** additional prevention measures as required by a medical health officer or the provincial health officer to deal with communicable diseases in our Association, should those be necessary.